



St. Barnabas CYO 2025 Spring Sports Registration

Cheerleading Clinic	Girls & Boys Grades K-4 (see Notes)	\$20
Golf	Girls & Boys Grades 1-4; 5-8 (see Notes)	\$130*/140
Track & Field	Girls & Boys Grades 1-8	\$80*/90
*Note: grades 1-4 meets will be on Saturday's; grades 5-8 meets will be on Sunday's		
* Attention current coaches, Parent runners, former field event athletes, or just motivated interested parents, more coaches are needed. Please register to coach this season. If you have questions about coaching or track contact Mike Simenc: simenc3@hotmail.com.		
Rug Rat Track & Field	Girls & Boys Grade K, 1, 2	\$55*/65
*Note: Meets on Saturday. This league is highly recommended for the younger grades. If you have questions, feel free to reach out to Mike Simenc: simenc3@hotmail.com.		
Developmental Lacrosse	Girls & Boys Grades K-2	\$55*/65
Volleyball	Boys Grades 4, 5, 6, 7, 8	\$115*/125

Registration Notes

- Parish sponsored CYO sports are open to students at St. Barnabas School and/or children who are parish members that are actively enrolled and attending PSR classes with St. Barnabas or Our Lady of Guadalupe.
- Registration for 2025 Spring sports begins on 2/3/25 and ends on Sunday, 2/16/25.
- There will be an early* registration discount through 2/9.
- Registrations beyond the deadline will be considered **only as space is available**.
- Registering multiple children from the same family earns you a sibling discount.
 - (\$10 for the 2nd child, \$20 for the 3rd child, and \$45 for the 4th child).
- Credit cards are the only form of payment accepted.
- Requests for withdrawals and refunds will be processed through the first official day of practice per CYO's schedule.
- All players must submit a physical exam form by providing a hard or emailed copy to their Head Coach either prior to or at the first practice. **A player cannot participate in a sport until a valid and signed physical exam form is received.** Physical exam forms are valid for 13 months from the date of the doctor's signature. A copy of the form can be found here: <https://www.ccdocle.org/files/assets/cyo-2020-pre-participation-form-covid-19.pdf>
- Individuals volunteering to be a Head Coach or Assistant Coach **for any sport** must register in SportsPilot. All coaching certification items must be completed prior to coaching, including approval from the St. Barnabas Athletic Board.
- St. Barnabas spirit wear (officially approved by the SBAA Board) is available to purchase for both students and adults for all of the sports we offer at the following website: <https://stbarnabas.itemorder.com/shop/sale/>

Cheerleading Clinic Notes

The Cheerleading Clinic is available to any child new to cheerleading in grades K-4. The dates of the clinic are 3/3 and 3/5 from 4:30-6pm in the gymnasium.

Golf Notes

- Windmill Golf Center is located at 1511 E Aurora Rd, Macedonia.
- Each weekly lesson will be taught by a PGA Teaching Professional from Windmill's team. Randy Dietz, ranked as one of Ohio's best golf teachers per Golf Digest, will be coaching students along with other instructors.
- Golf clubs are not required *but encouraged* by the Windmill team (even if it's only one club).
 - Windmill does have a limited selection of used clubs that can be borrowed.
- Wednesday golf classes at Windmill Golf Center will occur on the following dates:
 - 4/9, 4/16, 4/30, 5/7, 5/14, 5/21 (no session on 4/23 due to Easter break) (six lessons; one time per week; only on Wednesday).
- Classes for girls & boys grades 1 to 4 will occur from 5:00 to 6:00 PM.
- Classes for girls & boys grades 5 to 8 will occur from 6:00 to 7:00 PM.
- We can only accept the first 18 golf registrations per age group.
- With this instructional league being run through Windmill Golf Center, there is no sibling discount for multiple children from the same family.

Developmental Lacrosse Notes

All players will need to supply their own equipment. Information about required equipment will be forthcoming from our lacrosse coordinator.

Track & Field Notes

Grades K-2: Student-athletes have an option to participate in regular track and field through the CYO meets or you can participate in our developmental program.

Practices will be two (2) to three (3) days per week (pending track and coach availability); Coaches will be needed for all grade levels (no previous track or field experience is required/necessary); all coaches/assistant coaches will need to meet CYO and St. Barnabas coaching requirements.

Please visit the SportsPilot website at <https://reg.sportspilot.com/106254/login> to register your children.

Registration questions may be directed to our Registration Coordinator Jeff Brasdovich (Jeffrey.Brasdovich@gmail.com) or Athletic Director Amanda Tagliaferro (SBAA@barnabasohio.org).